



Diamond Approach®

EUROPE GROUPS, SEMINARS AND PUBLIC TALKS

For the latest information on programs in Europe, please refer to the Ridhwan School website at www.ridhwan.org

For specific details on a program that interests you, please contact the person or email address listed below.

Information about the Diamond Approach teachings is also available at www.ahalmaas.com

If you do not already receive the twice-yearly e-mailings of this flyer and would like to be on our mailing list, please email euflyer@ridhwan.org and ask to SUBSCRIBE. Please give your full name and city and country of residence; other contact information is helpful but optional. Email euflyer@ridhwan.org to update your email address if it changes, to continue receiving this mailing.

Groups, Events and Classes are displayed in this flyer alphabetically by country location. Please note that many activities are international (taught in English) while others are being offered in Dutch and German.

Locations:

DENMARK: Ongoing Groups and Events.....	2
GERMANY / DEUTSCHLAND: Ongoing Groups and Events	2
GERMANY / DEUTSCHLAND: Classes and Book Groups.....	5
IRELAND.....	6
ITALY / ITALIA	6
NETHERLANDS / NEDERLAND: Ongoing Groups and Events	6
NETHERLANDS / NEDERLAND: Classes and Book Groups.....	7
UNITED KINGDOM.....	8
UPCOMING ON-LINE COURSE WITH A.H. ALMAAS AND OTHER TEACHERS.....	10
SPIRITUAL INQUIRY SESSIONS WITH TEACHERS-IN-TRAINING.....	10

DENMARK: Ongoing Groups and Events

THE ART OF INQUIRY

Dates:	24 – 25 June, 2017
Teachers:	Rob Merckx and Kyo Verberk
Contact Person:	Susan Ritterband
Email:	susan.ritterband@gmail.com
Website:	http://DACopenhagen.wordpress.com
Event Ridhwan Page:	http://www.ridhwan.org/event/the-art-of-inquiry/
Location:	Frederiksberg, Copenhagen

In this weekend in Copenhagen we will explore the Art of inquiry. The main method of the Diamond Approach is open-ended inquiry. Inquiry is not intellectual or philosophical; it's about intimately sensing yourself and noticing your experience right here and now.

This is an introductory event for Diamond Heart Europe 3, the new on-going group forming in northern Germany (see pp. 3-4). Taught in English, exercises can be done in Danish.

GERMANY / DEUTSCHLAND: Ongoing Groups and Events

DASID – DIAMOND APPROACH SEMINARE IN DEUTSCHLAND

RIDHWAN AUF DEUTSCH 2 (RAD2)

Fortlaufende Gruppe derzeit für neue Mitglieder offen

Dates:	17. - 24. Februar 2017 22. - 29. September 2017
Teachers:	Florentin Krause, Stefan Haarhaus
Contact Person:	Heidi Winkler
Email:	heidi@ridhwan.org
Website:	www.dasid.org
Event Ridhwan Page:	http://www.ridhwan.org/event/ridhwan-auf-deutsch-2-rad-2/
Location:	Bildungshaus Kloster Schöntal Klosterhof 6 74214 Schöntal Deutschland

Wie die erste deutschsprachige Gruppe (RAD 1) trifft sich RAD 2 im malerischen Kloster Schöntal (Nähe Heilbronn/Würzburg). Das ganzwöchige gemeinsame Wohnen an einem Ort der Ruhe hilft, von unseren Alltagsverstrickungen Abstand zu gewinnen. Diese Einkehr, in Verbindung mit der intensiven Erkundung

spannender persönlicher und spiritueller Themen, vertieft das essenzielle Feld in der Gruppe und begünstigt die persönliche Transformation.

Die Gruppe wird von Florentin Krause und Stefan Haarhaus geleitet und trifft sich zweimal im Jahr. Das erste Treffen war im Herbst 2016. Das zweite Treffen findet vom 17. bis 24. Februar 2017 statt. Der dritte Termin ist vom 22. Bis 29. September 2017.

DAWID - DIAMOND APPROACH WOCHENENDGRUPPEN IN DEUTSCHLAND (HAMBURG)

Dates:	18. – 19. FEB. 2017
Teachers:	Philipp Hasselblatt & Gary Kaufhold
Contact Person:	DAWID Administration
Email:	RIN.Organisation@gmail.com
Website:	http://www.dawidgruppen.net/dawid-hamburg/
Location:	Toulouse Institute Beerenweg 22761 Hamburg Deutschland
Cost:	180.-€

Hamburg, 18. – 19. FEB. 2017
"Das Persönliche, jenseits der Persönlichkeit"

Die Einführungswochenenden dienen dazu die Arbeit des Diamond Approach kennenzulernen. Die fortlaufende Gruppe beginnt 29. September – 1. Oktober 2017. 2. Termin 8. Bis 10. Dezember 2017. Die fortlaufende Gruppe findet 5 x im Jahr in Hamburg von Freitag 18.00 bis Sonntag Nachmittag statt.

Siehe auch die internationale fortlaufende Wochenendgruppe in den Niederlanden DAWN 2 p.6-7

INTERNATIONAL ONGOING DIAMOND APPROACH GROUP DHE3

Dates:	5-12 March 2017 22-29 October 2017
Teachers:	Rob Merckx, Tejo Jourdan and guest teachers
Contact Person:	Jill Carabelas
Email:	Jill@ridhwan.org
Location:	Kunzehof Deichstraße 16 26937 Stadland / Seefeld Germany
Event Ridhwan Page:	http://www.ridhwan.org/school/locations/europe/diamond-heart-europe-3/

Cost: Tuition: €735 including one individual Diamond Approach session.
Room and board: average €475 for a double room.

This ongoing International Diamond Approach group meets twice a year for a residential 7-day retreat at Kunzehof, Seefeld, near Bremen in Northern Germany. Participants currently come from 16 different countries.

Upcoming retreats: 5-12 March 2017 / 22-29 October 2017

The Diamond Approach is a path of wisdom, an approach to the investigation of reality and a method of working on oneself that leads to increased understanding and liberation. It is a spiritual path that grew out of, and in response to, the needs of those leading ordinary lives in our current Western culture.

HAMEED ALI AND KAREN JOHNSON PRESENT QUASAR SEMINAR IX: UNIQUENESS IN UNITY

Dates:	May 6 - 11, 2017
Teachers:	Hameed Ali and Karen Johnson
Contact Person:	Klaudia Weber
Email:	klaudialuiseweber@me.com
Website:	http://quasar2017.org
Location:	Berlin Germany
Cost:	Euros 530,00

Our true spiritual nature does not annihilate us as unique human beings, but instead shows us the broad dimensionality and potentials of what it is to be human. Unity and diversity become the dialectical alchemy of life that expresses itself in as many ways as there are individual human beings.

We will explore in depth the two sides of uniqueness and unity along with the psychological and philosophical questions and barriers they bring up in our experience.

DASID-Seminar:

Das Enneagramm der Persönlichkeitstypen aus der Sicht der Ridhwan-Arbeit:
Eine Einführung

Dates:	6. - 11. August 2017
Teachers:	Florentin Krause
Contact Person:	Ulrike Promies 07123-968489
Email:	ulrike.promies@t-online.de
Website:	www.dasid.org

**Event Ridhwan
Page:**

<http://www.ridhwan.org/event/ridhwan-auf-deutsch-2-ra-2/>

Location: Bildungshaus Kloster Schöntal
Klosterhof 6
74214 Schöntal
Deutschland

Das Enneagramm der Persönlichkeitstypen findet beim Coaching und in der Psychotherapie verbreitete Anwendung. Ein wichtiger Beitrag der Ridhwan-Arbeit ist, dass sie die Entstehung der einzelnen Persönlichkeitstypen und deren Abwehrmechanismen mit dem Verlust bestimmter ganzheitlicher spiritueller Wahrnehmungen erklärt. Diese Verbindung ermöglicht es, in der spirituellen Arbeit mit der Verschiedenartigkeit der Persönlichkeitstypen differenziert umzugehen, ohne den Blick für die fundamentale Ganzheit des wahren Wesens zu verlieren.

Das Seminar richtet sich vorrangig an Mitglieder der deutschsprachigen Ridhwan-Gruppen, ist aber offen für Angehörige und Freunde, die keiner Gruppe angehören. Es hat einen einführenden Charakter. Vorkenntnisse sind nicht erforderlich.

Kosten: Ridhwan-Mitglieder 400 €, andere 450 €.

GERMANY / DEUTSCHLAND: Classes and Book Groups

DIAMOND APPROACH BUCHGRUPPE IN BERLIN MIT GISELA BAST

Dates: **2017:** Jan 10 Mai 2 Sept 5
Feb 14 Jun 13 Okt 10
Mar 14 Jul 4 Nov 7
Apr 4 Aug 22 Dec 5
jeweils 19.30 bis 21.30 Uhr

Teachers: Gisela Bast

Contact Person: Gisela Bast

Email: gisela-bast@gmx.de

Tel.: 0049 30 787 55 87

Location: Praxis Gisela Bast
Ebersstr. 76
10827 Berlin,
Deutschland

Diese Gruppe trifft sich 1x monatlich zur Meditation und zur Praxis der Erkundung (Inquiry), wir lesen gemeinsam das Buch "*Das wirkliche Leben beginnt jetzt!*" von A.H.Almaas, dem Begründer des Diamond Approach.

DIAMOND APPROACH PRAXISTAG

Dates: January 14, 2017

Teachers: Christa Jonas und Tanja Weigmann

Contact Person: Christa Jonas

Email: christajonas@t-online.de

Event Ridhwan Page: <http://www.ridhwan.org/event/praxistage-2/>

Location: Ehemalige Hauptschule
Turmstr. 5
Köln 50733
Germany
[Map It](#)

Cost: Euros 90,00

Im Diamond Approach benutzen wir verschiedene Formen der Praxis als Führung, Orientierung und Unterstützung, um unsere wahre Natur zu verstehen und in der Welt zu verkörpern.

"Wahre Meditation, wahre Praxis besteht nach dem Diamond Approach darin, dem eigenen inneren Faden zu folgen und immer weiter da zu sein, wo man ist ohne zu versuchen, die eigene Erfahrung in eine bestimmte Richtung zu lenken." A.H. Almaas

An diesem Tag werden wir uns der Praxis der Meditation widmen.

IRELAND

DIAMOND APPROACH IRELAND 3

Following a well-attended introductory weekend in November 2016, several weekends are proposed for 2017. These will present fundamental teachings for a new group in the process of forming, Diamond Approach Ireland 3, led by Jim Terrien.

For more information, please contact Jim at jeem45@aol.com

ITALY/ITALIA

The current Italy Diamond Approach group is closed to new membership. Students already familiar with the Diamond Approach work who are interested in participating in the Italy group may contact Janel Ensler at: jtensler@earthlink.net

NETHERLANDS / NEDERLAND: Ongoing Groups and Events

DAWN 2: DIAMOND APPROACH WEEKEND GROUP NETHERLANDS 2

Dates: 2017 with introductory day February 11, 2017

Teachers: Elsa Teeuwen and Philipp Hasselblatt, with guest teachers

Contact Person: Jill Carabelas

Email: dawn@ridhwan.org

Event Ridhwan page: <http://www.ridhwan.org/school/locations/europe/netherlands-dawn-2/>

Website: <http://www.dawn-group.eu/>

Location: Near Nijmegen
Netherlands

Cost: 300.-€

NEW GROUP IN 2017: 3 years after the formation of DAWN 1, we announce an ongoing new international group DAWN 2, starting in 2017 with the same format of 5 long weekends and a few in-between days per year. Lead teachers: Elsa Teeuwen and Philipp Hasselblatt, with rotating guest teachers. For information and an application, contact Jill Carabelas at: dawn@ridhwan.org

Please note the upcoming introductory day where you can find out more about this work:

Event: Amsterdam intro day: "Waking Up To The Mystery of Reality"

Dates: February 11, 2017

Teachers: Elsa Teeuwen and Philipp Hasselblatt

Email: dawn@ridhwan.org

Event Ridhwan page: <http://www.ridhwan.org/event/waking-to-the-mystery-of-reality-dawn-2-intro-events-1/>

Location: De Roos,
Amsterdam,
Netherlands
[Map It](#)

NETHERLANDS / NEDERLAND: Classes and Book Groups

THE HEART OF LIFE

Dates: September 23-24, 2017; Nov 4-5, 2017; and Jan 13-14, 2018

Teachers: Kyo Verberk, Robbert Verschuur and Marko Rinck

Contact Person: Kyo Verberk

Email: info@djoj.nl

Website: www.heartoflifeweb.wordpress.com

Event Ridhwan page: <http://www.ridhwan.org/event/heart-of-life/>

Location: Antony Duykiaan 5-7
Amsterdam, Noord-Holland 3501 HA
Netherlands
[Map It](#)

Cost: Cost: €180 for each weekend.

Three weekends exploring the Heart of Life through the central practices of the Diamond Approach. Each weekend we will explore one aspect of our nature, which we call an essential aspect. These essential aspects are not an object within ourselves, but the true nature of who we are.
Courageous Heart Sept 23-24, Loving Kindness Nov 4-5 2017 and Heart's Desire Jan 13-14 2018

AMSTERDAM BOEK GROEP "THE UNFOLDING NOW"

Dates: **Data in 2017:**
14 januari 16 april
12 februari 13 mei
25 maart

Teachers: Bregytta Rooney & Marko Rinck

Contact Person: Marko Rinck

Email: DAodynamisch@gmail.com

Event Ridhwan page: <http://www.ridhwan.org/event/amsterdam-boek-groep-the-unfolding-now/>

Location: Ark Fermata
Hugo de Grootkade 92w
Amsterdam, Noord-Holland 1052 LX
[Map It](#)

Cost: €425 incl BTW

De leidraad voor de groep is het boek The Unfolding Now (Nederlandse titel: Het Nu van Moment tot Moment) van A.H. Almaas. Dit boek gaat over hoe de inquirymethode je kan helpen om steeds dieper inzicht te krijgen in wie je werkelijk bent. Via inquiry kun je een diepere realisatie krijgen van zijnskwaliteiten zoals bijvoorbeeld compassie, kracht, waarheid en wil. In de groep staan elke dag twee van in totaal tien zijnskwaliteiten centraal. Naast de inquiry-methode doen we ook meditatie en lichaamswerk en is er de mogelijkheid om onze persoonlijke ervaring te delen en vragen te stellen.

Other activities in the Netherlands and surrounding regions: To receive general information and to be added to a general mailing list for future new activities, contact: NL_contact@ridhwan.org

UNITED KINGDOM

INNER SUPPORT FOR SPIRITUAL PRACTICE: A DIAMOND APPROACH WEEKEND IN LONDON

Dates: January 27, 28 and 29, 2017

Teachers:	Tejo Jourdan & Rob Merkx
Contact Person:	Diane Jonas
Email:	diane@ridhwan.org
Location:	Mary Ward house 5-7 Tavistock Place London WC1H 9SN Map It
Cost:	£185. A £80 deposit will hold your place.

In this weekend we will use meditation the practice of Presence and open-ended inquiry oriented by a love for truth, to explore our relationship to our spiritual practices, what true support for these practices is, and where it comes from. How true inner support can bring an effortlessness and willingness to seamlessly engage our practices. The Diamond Approach recognizes the uniqueness of each individual soul and does not require that people adapt to some ideal, but welcomes people as they are.

RIDHWAN UNITED KINGDOM UK4

Dates:	6-12 May 2017 1-8 December 2017
Teachers:	Tejo Jourdan, Rob Merkx, Christine Dveirin and Candace Harris
Contact Person:	Diane Jonas
Email:	diane@ridhwan.org
Event Ridhwan Page:	http://www.ridhwan.org/event/uk4-a-new-on-going-diamond-approach-retreat-group-in-the-uk-beginning-2016/
Location:	Hothorpe Hall Theddingworth Leicestershire LE17 6QX United Kingdom
Cost:	Tuition £520 plus £475 (average) for room and board.

The Diamond Approach addresses the return to our fundamental nature, the essence of what we are. Based on the work of A.H. Almaas, it bridges the traditional dichotomies of the psychological and the spiritual, the body and the soul, and the mundane and divine. Its methodology includes the practice of Presence and open-ended inquiry into our moment-to-moment experience oriented by a love for truth. This orientation to our experience opens our awareness giving us access to dimensions of reality that have traditionally been available only to the few.

STOP IN THE NAME OF LOVE: A DIAMOND APPROACH WEEKEND IN LONDON

Dates:	August 26-27, 2017
Teachers:	Tejo Jourdan & Rob Merkx
Contact Person:	Diane Jonas

Email: diane@ridhwan.org

Location: Mary Ward house
5-7 Tavistock Place
London WC1H 9SN
[Map It](#)

Cost: £150. A £50 non-refundable deposit will hold your place.

We will use this weekend to deepen our ability to identify, understand, and disengage from our inner critic. We will both begin and continue the difficult and challenging inner work of freeing ourselves from this inner guardian of our Ego structure that creates so much pain and suffering, shame and guilt, through Judgement, comparison, and evaluation of ourselves and others.

Open to the public and existing students.

NEW ONLINE CLASS STARTING IN FEBRUARY

In partnership with Sounds True and hosted by Tami Simon, a new 12-week online course "**Inquiry: The Vehicle for Endless Enlightenment**" will feature A.H. Almaas, Karen Johnson, Jessica Britt and Sandra Maitri. Scheduled to start at the end of February, mark your calendars to join thousands around the world for this online opportunity. More information including how to register will be sent in the Ridhwan monthly e-news and be posted on www.ridhwan.org in January.

SPIRITUAL INQUIRY SESSIONS WITH TEACHERS-IN-TRAINING

SPIRITUAL INQUIRY SESSIONS WITH TEACHERS-IN-TRAINING FROM THE RIDHWAN EUROPEAN SEMINARY TRAINING PROGRAM:

Low-cost guided inquiry sessions with local European Teachers-in-training in the Ridhwan School are now available for interested individuals who are not already in an on-going Diamond Approach group or seeing a Ridhwan Teacher. Ridhwan Teachers-in-training are supervised and mentored by Ridhwan Teachers. Sessions will be conducted in the English language only for training purposes. Meetings with a teacher-in-training must be in person, therefore the possibility of having sessions may be limited by the location of teachers-in-training in Europe.

Contact: e-mail STPsessions@ridhwan.org for information on how to apply.